



# Baldwin Park Police Department Bicycle Safety Tips

## Safe Riding Tips

- Wear a properly fitted bike helmet
- Adjust your bicycle to fit
- Check your equipment
- See and be seen
- Avoid riding at night

## Rules of the Road

- Go with the flow of traffic
- Obey all traffic laws
- Watch for both moving and parked cars
- Use your hand signals



## Additional Resources

[www.dmv.ca.gov](http://www.dmv.ca.gov) (search for Sharing the Road (FFDL 37) Safety Tips for Bicyclists and Motorists)

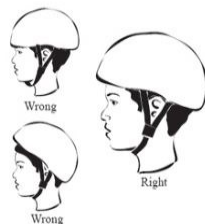
[www.calbike.org/bicycling\\_in\\_california\\_sharing\\_the\\_road](http://www.calbike.org/bicycling_in_california_sharing_the_road)

## Get the helmet to fit

Step 1. Make sure the helmet fits firmly.

Step 2: Make sure the helmet sits level on the child's head.

Step 3: Position the straps correctly.



If you have any questions please contact the  
Community Relations Bureau at 626-813-5235

